



WHITE TIGER TAEKWONDO HOME REPORT CARD-9TH

Parents, please circle the grade applicable on this form and return with testing application. Use the scale: A=Excellent, B=Good, C=Average, D=Poor (see office), E=Unacceptable (see office). Students are expected to make improvements on home report cards as their rank increases. Some listings have modifications to be age specific. Use the blank spaces to fill in specific chores at home.

PATIENCE

Understand that stances are important and strive to do them correctly.....	A	B	C	D	E
Learn how to fold the uniform.....	A	B	C	D	E
Read the manual and posters up at the school.....	A	B	C	D	E
Learn the teachers' names	A	B	C	D	E
Choose the best classes for your skill level.....	A	B	C	D	E
Read the information board to know about upcoming events	A	B	C	D	E
Don't get frustrated if your skills are not the same as high ranks	A	B	C	D	E
Practice stretching everyday to gain flexibility	A	B	C	D	E
Learn how to hit the target with accuracy before you add all your power.....	A	B	C	D	E

SELF-DISCIPLINE

(this means completing a chore without having being TOLD to do it.)

Pick up my clothes, put away my things, make/get into bed by myself	A	B	C	D	E
Complete homework.....	A	B	C	D	E
Practice <i>poom-say</i> when not in class	A	B	C	D	E
Taking care of uniform: washing/folding/packing.....	A	B	C	D	E
Brush teeth/take bath/keep nails trimmed/hair neat	A	B	C	D	E
_____.....	A	B	C	D	E
_____.....	A	B	C	D	E

RESPECT

Listen to and respect parents/grandparents/teachers	A	B	C	D	E
Share with brothers and sisters/friends	A	B	C	D	E
Honesty to parents.....	A	B	C	D	E
_____.....	A	B	C	D	E

