



WHITE TIGER TAEKWONDO HOME REPORT CARD-8TH

Parents, please circle the grade applicable on this form and return with testing application. Use the scale: A=Excellent, B=Good, C=Average, D=Poor (see office), E=Unacceptable (see office). Students are expected to make improvements on home report cards as their rank increases. Some listings have modifications to be age specific. Use the blank spaces to fill in specific chores at home.

FLXIBILITY

Pay attention to details	A	B	C	D	E
Sit up straight at desk	A	B	C	D	E
Take time to look before kicking the targets	A	B	C	D	E
Put 100% effort and energy into techniques	A	B	C	D	E
Make eye contact when talking to others	A	B	C	D	E
Turn off television when doing homework	A	B	C	D	E
Keep hands up and look straight when practicing drills with a partner	A	B	C	D	E
Listen and watch carefully when other students demonstrate their moves.....	A	B	C	D	E
Listen carefully in school so teacher doesn't have to repeat directions	A	B	C	D	E

SELF-DISCIPLINE

(this means completing a chore without having being TOLD to do it.)

Pick up my clothes, put away my things, make/get into bed by myself	A	B	C	D	E
Complete homework	A	B	C	D	E
Practice <i>poom-say</i> when not in class	A	B	C	D	E
Taking care of uniform: washing/folding/packing	A	B	C	D	E
Brush teeth/take bath/keep nails trimmed/hair neat	A	B	C	D	E
_____	A	B	C	D	E
_____	A	B	C	D	E

RESPECT

Listen to and respect parents/grandparents/teachers	A	B	C	D	E
Share with brothers and sisters/friends	A	B	C	D	E
Honesty to parents.....	A	B	C	D	E
_____	A	B	C	D	E

