



WHITE TIGER TAEKWONDO HOME REPORT CARD-7TH

Parents, please circle the grade applicable on this form and return with testing application. Use the scale: A=Excellent, B=Good, C=Average, D=Poor (see office), E=Unacceptable (see office). Students are expected to make improvements on home report cards as their rank increases. Some listings have modifications to be age specific. Use the blank spaces to fill in specific chores at home.

INTEGRITY

- | | | | | | |
|--|---|---|---|---|---|
| Incorporate weekly Black Belt Life Skills into daily life | A | B | C | D | E |
| Don't touch things belonging to others | A | B | C | D | E |
| Concentrate on your own progress, don't compare yourself to others..... | A | B | C | D | E |
| If a higher rank student lines up behind me, let them go ahead | A | B | C | D | E |
| Meet deadlines for registration and events..... | A | B | C | D | E |
| Turn found items into the office | A | B | C | D | E |
| Don't play with others' toys unless you ask for permission | A | B | C | D | E |
| Sit up straight while testing or at a tournament, never lean or lay down | A | B | C | D | E |
| Never play on the gymnastics mats or bags, they are for training..... | A | B | C | D | E |

SELF-DISCIPLINE

(this means completing a chore without having being TOLD to do it.)

- | | | | | | |
|---|---|---|---|---|---|
| Pick up my clothes, put away my things, make/get into bed by myself | A | B | C | D | E |
| Complete homework..... | A | B | C | D | E |
| Practice <i>poom-say</i> when not in class | A | B | C | D | E |
| Taking care of uniform: washing/folding/packing..... | A | B | C | D | E |
| Brush teeth/take bath/keep nails trimmed/hair neat | A | B | C | D | E |
| _____..... | A | B | C | D | E |
| _____..... | A | B | C | D | E |

RESPECT

- | | | | | | |
|---|---|---|---|---|---|
| Listen to and respect parents/grandparents/teachers | A | B | C | D | E |
| Share with brothers and sisters/friends | A | B | C | D | E |
| Honesty to parents..... | A | B | C | D | E |
| _____..... | A | B | C | D | E |

