



HAPKIDO PROMOTION TESTING APPLICATION

PROMOTION TO 2ND GUP RED BELT

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE: Thursday before test by 7:30pm

TEST TIME: HAPKIDO test time (see your schedule)

TESTING FEE: check the appropriate fee rate
to attend regular testings (odd months, see schedule dates)
 \$70 if turned in BEFORE 7:30pm on application due date
 \$95 if turned in AFTER 7:30pm on application due date
additional fees to attend HOK regular testings
 +\$10 for Make Up Testing (even months, see schedule dates)
 +\$20 for Private Test by appointment - see office

READ AND CHECK THE FOLLOWING BOXES:

- Yes, I understand that this application may be turned in early, and absolutely **MUST BE** turned in by 7:30pm on the Thursday before testing to receive the discounted testing fee price.
- Yes, I have completed the worksheet on the back of this form. The White Tiger manual contains all the answers. A class is offered every week to help with studying the manual.
- I may submit this application after earning my white stripe.

ANSWER IF THE APPLICANT IS OF SCHOOL AGE:

- Yes, I have attached a home report card graded by a parent or guardian.
- Yes, I have attached a copy (It will not be returned) of my latest school report card. If I turned in the latest version of the report card at the last testing, I will not turn it in again, it may used only once. I may use the school copier at 25¢ per page or provide my own copies.
- Yes, this applicant received a perfect school report card and is eligible for the White Tiger Academic Achievement Award. Applications without school report cards attached will not be considered for the award.

**do not write in the box below
 - for judges only**

TESTING KICK: TORNADO KICK

- 1. CoordinationA A- B B- C C- D E F
- 2. Key-hahpyellA A- B B- C C- D E F
- 3. PowerA A- B B- C C- D E F

**NOK-BUP FALLING TECHNIQUE:
 LONG DISTANCE CAT ROLL OVER OBSTACLES**

- 1. techniqueA A- B B- C C- D E F
- IMPROVED CAT ROLL**

- 1. techniqueA A- B B- C C- D E F

**HO SHIN SOOL SELF DEFENSE
 PUNCH DEFENSE - BONG-KWAN SOOL**

- 1. CoordinationA A- B B- C C- D E F
- 2. ControlA A- B B- C C- D E F
- 3. EffectivenessA A- B B- C C- D E F
- 4. ShowmanshipA A- B B- C C- D E F

TERMINOLOGYA A- B B- C C- D E F
 (the take home worksheet on back of this application)

GENERAL REMARKS

- 1. DisciplineA A- B B- C C- D E F
- 2. AttitudeA A- B B- C C- D E F
- 3. ConcentrationA A- B B- C C- D E F

Comments _____

RESULTS
PASS FAIL HOLD



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- Complete the following worksheet, all answers have been covered in class and are in the White Tiger manual.
- Practice tests are in your manual so you may work on them in advance for your next test.
- Parents may assist young children with this worksheet.
- Classes are available every week to help study the manual.
- Study flash cards are available in the proshop.

1. Direct a counterattack to which area of the body?

- Head
- Face
- Midline area of trunk
- Legs
- Bottom of the feet

2. What is the name of your testing kick in English?

- Turn around kick
- Tornado kick
- Twister kick
- Trouble kick
- Twin kick

3. What is the name of your testing kick in Korean?

- Hay-oh-dee Cha-gie
- Mayk-hay Cha-gie
- Heck no Cha-gie
- Dwe-me-o Cha-gie
- Charlie Cha-gei

4. Name a location of a pressure point:

- In the locker room
- Raleigh
- Hair
- Temples
- Top of head

5. What is the name of your self defense technique?

- Bong-Joke Sool
- Oui-boke Sool
- Sun sool
- Bong-kwan sool
- Bong-gong Joke

6. How many vital spots in the human body?

- none
- 1,350
- 4
- 52
- 365

7. Name two kinds of bows:

- Red and blue
- Challenging and Respectful
- Soft and Hard
- Light and Heavy
- Respectful and Restful

8. What does the senior student say at the beginning of class?

- "Gam-sa-hom-nee-da"
- "Ka-hu-gie"
- "Sun-bay-nim Kay Kyung-nay"
- "Ba-ba-nim Kay Kyung-nay"
- "Kyuck-pah"

9. How do you say "Thank you" in Korean?

- Ahn-yong Ha-shim-ne-ka
- Ahn-yong-he-gae-ship-she-yo
- Sun-bay-nim Kay Kyung-nay
- Gam-sa-hom-nee-da
- Goo-nyung-ae-maht-chwah

10. Name the three kingdoms of ancient Korea:

- Ko-gur-yo, Korea and the Koryo
- Baek-je, Back kick and the Sil-la
- Ko-gur-yo, Baek-je and the Sil-la
- Sil-la, Korea and the Baek-ho
- China, Japan and Mongolia